407 SAPP **Co-Occurring Disorders (CADC)**

3 Credits - Graded or Pass/No Pass Option

**CRN**: 16526 (Undergraduate) Fall 2011

**Day/Time**: Tue, 3:00 PM - 5:50 PM (117 ED)

**Course Type**: Term Long Course

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**Instructor**: Michael Leeds, Ph.D.

**Title**: Adjunct Instructor

**E-Mail**: brittany@sapp.uoregon.edu

**Office Phone**: 346-4135

**Office Location**: 180 Esslinger

**Office Hours**: By appointment

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This course is designed to prepare students to apply for state certification as Certified Drug and Alcohol Counselors (CADC). The material presented is clinical in nature and may not be suitable for the general population of students.

**Course Description:**

A person who has an alcohol or other drug problem combined with another mental health problem is said to have a co-occurring disorder that may require a dual diagnosis. In order to provide quality treatment services, the person will require treatment methods designed to address both mental health issues. This class will help student learn to distinguish symptoms of dependency and addiction in conjunction with signs and symptoms of other mental health and/or safety issues.

This course has no prerequisites.

**Course Reference Materials:**

Note: Copies of the DHHS TIP 42 Publication "Substance Abuse Treatment for Persons With Co-Occurring Disorders" has been ordered and will be provided to registered students at no charge.
Additional online readings will be assigned by the instructor.

**Course Goals:**

This course is designed to focus on the development of knowledge, skill, and theoretical frameworks applicable to the diagnosis and treatment of co-occurring disorders. Students will gain an understanding of chemical dependency and mental health, and look at best practice models of treatment.

Participants should expect to:

- Develop a working familiarity with terminology from the mental health and addictions arenas that serve to form a basis for dual diagnosis.
- Improve skills in assessment, treatment planning, and treatment for with co-occurring disorders.
- Learn the clinical framework of concurrent treatment for dual-diagnosis clients
- Understand the concepts of engagement and treatment framed as fundamental principles in dual diagnosis treatment
- Review principles of group work in treating dual clients
- Increase knowledge of psychopharmacological interventions most often used with dually diagnosed clients

The class format will be comprised of lectures, PowerPoint presentations, small group discussion, student presentations and class discussions.

The material presented in this class may evoke painful memories and/or create discomfort or embarrassment to both you and others in the class. At times, you may experience strong feelings or become agitated. Therefore, it is crucial for us to maintain an open, positive, learning environment, free from value-laden comments. Negative remarks tend to create defensiveness, alienate others, and discourage group participation. Inviting each student to ask questions and to interact with the class to the extent that you feel comfortable, if possible.

**Grading Criteria:**

There are a total of 200 points in this course. Students must have a minimum of 140 points to pass this course with a "P" (C- or above for undergraduate work.) Breakdown of points is as follows:

- 100 pts = Attendance, Participation & Challenge Questions
- 50 pts = Written Assignment (Due Week 8)
- 50 pts = Group project / Presentation
- 200 pts = TOTAL
Note: Challenge questions will follow each topic/lecture session. Specific questions may be from the assigned readings or class discussions.

**General Expectations:**

This is a success-based course. Your final course grade will reflect your willingness to attend class, participate in class discussions, coupled with the timely completion of all assignments in a professional manner. Late work will not be graded; nor will there be any make-up or alternate assignments.

Attendance and punctuality is mandatory! Classes will begin promptly and tardiness will be counted as a missed class. Early departure from class, without prior approval, will be counted as absence for the entire day with no points given for the challenge question.

**Research Paper:**

Please identify your topic by Week 3. Your paper is Due Week 8 - The APA style paper must include a title page, be 5-6 pages in length with a minimum of 3 peer reviewed sources. It should relate directly to course material obtained from class lectures and readings. Students may include personal opinions (or that of others), as a component providing opinions are supported by research information from credible sources. (Privacy and confidentiality must be maintained.)

**Class Presentations:**

The class project / presentation will consist of students, in groups of 3-4, selecting a topic and subject matter related to the course, compiling pertinent information, and submitting the findings to the class. Each group should be prepared to allow for, and answer, questions from the class regarding the presentation. Grading criteria will be based on content, organization, time management, presentation creativity, and class engagement.

Note: Presentations may be scheduled at any time throughout the term with prior instructor approval.

**Readings & Assignments by Week**

Please complete all readings BEFORE class. You may access these readings through the SAPP Website and/or Blackboard as assigned by the instructor. Additional readings may be required throughout the course.
Week 1: Introduction and Orientation
Presentation: History of Treatment and Prevention in Substance Abuse.ppt
Readings: NONE

Week 2: Introduction to Co-Occurring Disorders and Dual Diagnosis
Presentation: Co-Occurring Disorders.ppt
Readings:
  • Classification of Alcohol Use Disorders Hasin, Deborah

Week 3: Co-Occurring Disorders.ppt Part 2
Presentation: Co-Occurring Disorder.ppt
Instructor Notification of Research Paper Topic
Readings: Comorbitity: Addiction and other Mental Health Disorders.pdf

Week 4: Neurophysiology of Drug Abuse
Presentation: NIDA Neurophysiology of Substance Abuse.ppt
Readings:
  • Meeting the treatment needs of multiply diagnosed consumers. Steele,L.D. & Rechberger,E.
• Study reviews cost-effectiveness of services for dually diagnosed patients

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**Week 5: Motivational Interviewing**

Presentation: Motivational Interviewing.ppt

Readings:

• Diagnosing comorbidity: concepts, criteria, and methods Samet, S.

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**Week 6: Assessment Interviewing for Treatment Planning**

Presentation: NIDA Assessment Interviewing for Treatment Planning.ppt

Presentation: Intervention Skills.ppt

Readings: Strategies for Developing Treatment Programs for People With Co-Occurring Substance Abuse and Mental Disorders.pdf

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**Week 7: Brief Therapies**

Presentation: NIDA Short Term Clients Systems.ppt

Readings:

• Addictive Behaviors and Personality Disorder

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**Week 8: Group Counseling**

Presentation: A&D Group Counseling.ppt

Description/Assignments:

A hard copy of the research paper must be submitted at the beginning of class.

Readings:
• Rehabilitation during alcohol detoxication in comorbid neuropsychiatric patients
  Goldstein, Gerald

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**Week 9: Medications and Treatment**

Title: Psychopharmacological Consideration and Treatment

Readings:

NONE

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**Week 10: Case Studies**

Presentations: Case Studies and Student Presentations

Readings:

NONE

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SAPP adheres to and supports the U of O policies listed below.

For information about them click on the link we have provided or call us at 346-4135.

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**Use of Personal Technology & Literature:**

- Laptops may ONLY be used in class for the purpose of note taking. Web surfing, games, instant messaging, email, and working on homework for other classes tends to be distracting to others and is prohibited during class time. If you find you must do otherwise, please excuse yourself for the remainder of the class time. However, you will not earn participation points for that day.
- Non-course materials - Magazines, books, newspapers and other literature, including homework from other classes, may be a distraction for others in class and is therefore prohibited. Please save these activities for time other than in class.
- Music/Video player use during class is strictly prohibited. This is a definite distraction for others.
- Cell phones are to be silenced and not used during class time. This includes sending or receiving calls or use of text messaging. If you find you need to use your cell phone,
please excuse yourself for the remainder of the class time. However, you will not earn participation points for that day.

Documented Disability:
http://ds.uoregon.edu/
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Phone: (541)-346-1155 TTY: (541) 346-1083

University of Oregon Policy on Academic Integrity and Dishonesty:
http://studentlife.uoregon.edu/programs/student_judi_affairs/academic-dishonesty.htm

Student Conduct Code:
http://studentlife.uoregon.edu/programs/student_judi_affairs/conduct-code.htm

Bias Response Team:
http://darkwing.uoregon.edu/~brt/
Phone: 346-1139

Affirmative Action and Equal Opportunity, Discriminatory Harassment, and Grievance Procedures:
http://aaeo.uoregon.edu/